



# Schedule of Classes [www.ClaremontRedCross.org](http://www.ClaremontRedCross.org)

For Disaster Services Training Courses, please visit: [www.ARCDDRO.info](http://www.ARCDDRO.info)



*Please contact the Chapter for details*

## Adult, Child & Infant CPR/AED and First Aid (Community)

Course #: HSSFA413

**Purpose:** To train lay responders to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants. Provide the lay responder with the knowledge and skills necessary in an emergency to help sustain life and to minimize pain and the consequences of injury or sudden illness until professional medical help arrives.

**Prerequisites:** None

**Certification:** CPR: Valid 1 year First Aid: Valid 3 years

Please note, where indicated, **Adult, Child and Infant CPR/AED** may be taken separately for a per-class fee of **\$55**. With this option, a student will not be certified in First Aid. **First Aid** or **Adult CPR/AED** may also be taken separately. Please see schedule below in the **Adult CPR/AED & First Aid** section.

DATE(S)	DAY(S)	TIME(S)	COST	CLASS
October 10	Saturday	8:00 a.m. - 5:30 p.m.	\$65	combination course
October 10	Saturday	8:00 a.m. - 3:00 p.m.	\$55	CPR/AED only
October 24	Saturday	8:00 a.m. - 5:30 p.m.	\$65	combination course
October 24	Saturday	8:00 a.m. - 3:00 p.m.	\$55	CPR/AED only

DATE(S)	DAY(S)	TIME(S)	COST	CLASS
November 7	Saturday	8:00 a.m. - 5:30 p.m.	\$65	<i>combination course</i>
November 7	Saturday	8:00 a.m. - 3:00 p.m.	\$55	<i>CPR/AED only</i>
November 21	Saturday	8:00 a.m. - 5:30 p.m.	\$65	<i>combination course</i>
November 21	Saturday	8:00 a.m. - 3:00 p.m.	\$55	<i>CPR/AED only</i>
December 5	Saturday	8:00 a.m. - 5:30 p.m.	\$65	<i>combination course</i>
December 5	Saturday	8:00 a.m. - 3:00 p.m.	\$55	<i>CPR/AED only</i>
December 19	Saturday	8:00 a.m. - 5:30 p.m.	\$65	<i>combination course</i>
December 19	Saturday	8:00 a.m. - 3:00 p.m.	\$55	<i>CPR/AED only</i>

**Pre-Registration and payment is required for all courses. Please always call to verify dates and times.**  
Class Factsheets & Applications are downloadable at: [www.ClaremontRedCross.org](http://www.ClaremontRedCross.org) [click "courses" button]

Students may register by phone or fax with a Visa or Master Card.  
You may visit the Chapter House in-person and pay by cash or check. Office hours: Monday – Friday :: 9 a.m. – 4 p.m.

## **POLICIES**

**Course Cancellation:** A class may be cancelled if less than six persons are registered. Participants will be notified at least three (3) days in advance of any cancelled or rescheduled class and offered alternative class dates. If a refund is requested, no administrative fee will be charged.

**Cancellation Policy/Refund Fee/Course Pricing:** Students desiring to cancel a class reservation must do so at least three (3) days prior to the start of the class. A \$10 administrative fee will be charged. Course and equipment prices subject to change without notice.

**Transfers:** Up to three (3) days prior to a class start date, students may transfer a registration one time at no charge, if they re-register in another course scheduled within the next 90 days. After the first time, a \$10 administrative fee will be charged for each reschedule.

**Class No-Shows:** Students who fail to show for scheduled classes will generally forfeit their course fees. Claims for refund or reschedule based on sickness must be accompanied by confirmation from competent medical authority.

**Forfeiture:** Except for the above circumstances, course fees are generally non-refundable.

**American Red Cross, Claremont Chapter, 2065 North Indian Hill Blvd., Claremont, California 91711**  
[www.ClaremontRedCross.org](http://www.ClaremontRedCross.org) (909) 624-0074 info@ClaremontRedCross.org



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## CPRO - CPR/AED for the Professional Rescuer

**Purpose:** To teach those with a duty to act (professional rescuers) the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

**Prerequisites:** None

**Certification:** Lifeguards and Laypeople: Valid 1 year // Healthcare Professionals: Valid 2 years

DATE(S)	DAY(S)	TIME(S)	COST	NOTES
November 17 & 20	Tuesday & Friday	6 – 10:00 p.m.	\$75	
December 7 & 10	Monday & Thursday	6 – 10:00 p.m.	\$75	

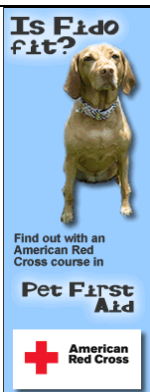
## Babysitter's Training

**Purpose:** The purpose of this course is to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid.

**Prerequisites:** at least 11 years of age

**COST:** \$35

DATE(S)	DAY(S)	TIME(S)	COST	NOTES
November 24	Tuesday	8:00 a.m. - 1:00 p.m.	\$35	
November 24	Tuesday	4:00 p.m. - 9:00 p.m.	\$35	



## Pet First Aid Course #: CNPFA101

Your pet depends on you for his or her well-being. In addition to providing daily care, love and affection, your best friend depends on you in an emergency. Whether your pet becomes ill or injured, or needs help in a disaster, the American Red Cross can help. Our Dog First Aid and Cat First Aid books and Pet First Aid course teaches you emergency care procedures for cats and dogs and provides tips for keeping your pet happy and healthy too. Please specify dog or cat First Aid book. **Prerequisites:** None

November 16 6:30 – 10:00 p.m. \$40.00



# Schedule of Classes [www.ClaremontRedCross.org](http://www.ClaremontRedCross.org)

- **Adult CPR/AED/First Aid**
- **Infant/Child CPR and First Aid**
- **First Aid**

## **Adult CPR/AED/First Aid** Course #: HSSFA401

**Purpose:** To train lay responders to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults. Provide the lay responder with the knowledge and skills necessary in an emergency to help sustain life and to minimize pain and the consequences of injury or sudden illness until professional medical help arrives.

**Prerequisites:** None

**Certification:** CPR: Valid 1 year First Aid: Valid 3 years

Please note, individual courses may be taken together as a combination **CPR/AED/First Aid class for \$55** or **Adult/Infant/Child CPR/FA for \$65**.

DATE(S)	DAY(S)	TIME(S)	COST	CLASS
October 19	Monday	6:00 p.m. - 10:00 p.m.	\$45	Adult CPR/AED
October 20	Tuesday	6:00 p.m. - 10:00 p.m.	\$45	Infant/Child CPR/First Aid
October 20	Tuesday	7:30 p.m. - 10:00 p.m.	\$40	First Aid (must be currently CPR certified)
November 9	Monday	6:00 p.m. - 10:00 p.m.	\$45	Adult CPR/AED
November 10	Tuesday	6:00 p.m. - 10:00 p.m.	\$45	Infant/Child CPR/First Aid
November 10	Tuesday	7:30 p.m. - 10:00 p.m.	\$40	First Aid (must be currently CPR certified)
November 30	Monday	6:00 p.m. - 10:00 p.m.	\$45	Adult CPR/AED
December 1	Tuesday	6:00 p.m. - 10:00 p.m.	\$45	Infant/Child CPR/First Aid
December 1	Tuesday	7:30 p.m. - 10:00 p.m.	\$40	First Aid (must be currently CPR certified)
December 14	Monday	6:00 p.m. - 10:00 p.m.	\$45	Adult CPR/AED
December 15	Tuesday	6:00 p.m. - 10:00 p.m.	\$45	Infant/Child CPR/First Aid
December 15	Tuesday	7:30 p.m. - 10:00 p.m.	\$40	First Aid (must be currently CPR certified)



Online  
"Blended Learning"  
now available for  
Adult, Infant, Child  
CPR/AED/First Aid

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# WATER SAFETY TRAINING COURSES

## Lifeguard Training

### Course #: HSAQU402

The purpose of the ARC Lifeguard Training Course is to teach lifeguard candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. The course content and activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drownings and injuries.

Prerequisites: Minimum age 15; swim 500 yards continuously using front crawl and breaststroke; swim 20 yards, dive to a depth of 7-10 feet and retrieve a 10 lb object, return to the surface and swim back. Overall demonstration must show swimming strength and endurance and a high comfort level in the water.

Course length: approximately 28 hours and participant must attend all sessions. Refunds will not be permitted due to participant not showing up for class.

Certification: Upon successful completion of the Lifeguard Training course, each participant will receive two American Red Cross Certificates: one indicating Lifeguard Training and First Aid that is valid for 3 years and another indicating CPR for the Professional Rescuer that is valid for 1 year.

**Prerequisites:** Age of 15 years old at time of course and be a strong swimmer

**COST:** \$150

DATE(S)	DAY(S)	TIME(S)	NOTES
TBA	Saturday	3:00 p.m. – 9:45 p.m.	at El Roble Middle School Pool 665 N. Mountain at Harrison, Claremont
TBA	Sunday	8:00 a.m. - 7:45 p.m.	at El Roble Middle School Pool 665 N. Mountain at Harrison, Claremont
TBA	Monday	8:00 a.m. - 7:45 p.m.	at El Roble Middle School Pool 665 N. Mountain at Harrison, Claremont



## Lifeguard Challenge

**Course #: HSAQU402c** For current lifeguards who need to re-certify.

**COST:** \$75

DATE(S)	DAY(S)	TIME(S)	NOTES
TBA	Monday	9:00 a.m. - 1:00 p.m.	at El Roble Middle School Pool 665 N. Mountain at Harrison, Claremont

## Water Safety Instructor (WSI)

**Course #: 3490i**

The purpose of ARC Water Safety Instructor course is to train instructor candidates to teach courses in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress. Course length is approximately 30 hours and participant must attend all sessions. Refunds will not be permitted due to participant not showing up for class.

Certification: ARC Instructor certificate indicating Water Safety Revision 2009

### PREREQUISITES:

- MINIMUM AGE OF 16
- Various swimming skills required: front crawl (25 yards), back crawl (25 yards), breaststroke (25 yards), elementary backstroke (25 yards), sidestroke (25 yards), butterfly (15 yards); maintain position on back 1 minute in deep water; tread water for 1 minute
- Please call for complete list of prerequisites. (909) 624-0074

**COST:** \$165

DATE(S)	DAY(S)	TIME(S)	NOTES
TBA -- FIT	Thursday	5:00 p.m. - 9:00 p.m.	at Red Cross Chapter House, 2065 N. Indian Hill, Claremont
TBA – Swimming Test WSI	Friday	8:00 p.m. - 10:00 p.m.	at El Roble Middle School Pool, 665 N. Mountain at Harrison
TBA -- WSI	Saturday	8:00 a.m. - 8:00 p.m.	at El Roble Middle School Pool, 665 N. Mountain at Harrison
TBA -- WSI	Sunday	8:00 a.m. - 8:00 p.m.	at El Roble Middle School Pool, 665 N. Mountain at Harrison
TBA -- WSI	Monday	8:00 p.m. - 10:00 p.m.	at El Roble Middle School Pool, 665 N. Mountain at Harrison



## Water Safety Today

**Course #: 34907**

The purpose of ARC Water Safety Today course is to teach individuals how to recognize, prevent, and respond to emergencies in, on or around the water. Course length is approximately 2 hours. Refunds will not be permitted due to participant not showing up for class.

**PREREQUISITES:** None

**COST:** \$30

DATE(S)	DAY(S)	TIME(S)	NOTES
TBA	Tuesday	10:30 a.m. – 12:30 p.m.	

## Instructor Courses for "Lay Responder Instructor" / "CPRO Instructor" / "Pet First Aid Instructor"

**Purpose:** To train instructor candidates to teach American Red Cross designed courses: Lay Responder, CPRO and Pet First Aid.

**Prerequisites:** Must be at least 17 years of age on or before the last scheduled session of the course. Possess a Fundamental of Instructor Training (FIT) certificate issued within the last year (part of coursework) or possess a current Health and Safety Services instructor authorization. Successfully complete the pre-course session. This includes passing the pre-course written exam with a score of 80 percent or higher on both Section 1 and Section 2 and demonstrating competency in the pre-course skills and scenarios evaluation.

**Certification:**

CPR/AED for the Professional Rescuer Instructor: Authorization is valid for 2 calendar years.

**Costs:**

Lay Responder Instructor course \$200

DATE(S)	DATE(S)	DAY(S)	TIME(S)
Lay Responder Instructor Course \$200			
FIT -- Fundamentals of Instructor Training	TBA	Tuesday	5:00 p.m. – 9:00 p.m.
CPR and "challenges"	TBA	Friday	6:00 p.m. – 9:00 p.m.
Instructor Class -- "Lay Responder"	TBA	Saturday	9:00 a.m. – 6:00 p.m.
Instructor Class -- "Lay Responder"	TBA	Sunday	9:00 a.m. – 6:00 p.m.